FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Washington, | D.C. 20549 |
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APP | ROVAL | | | | | | |
|--------------------------|-----------|--|--|--|--|--|--|
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| hours per response | : 0.5 | | | | | | |

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* CTO Realty Growth, Inc. | | | | | 2. Issuer Name and Ticker or Trading Symbol Alpine Income Property Trust, Inc. [PINE] | | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X 10% Owner | | | | | |
|---|---|--------------------------|-------------------------------|---|---|---|---|---|-------------------------|--------------|---------------------------------------|---|--|---|---|---|---|---------------------------------|--|
| (Last) (First) (Middle) 369 N. NEW YORK AVE SUITE 201 | | | | | | 3. Date of Earliest Transaction (Month/Day/Year) 03/13/2023 | | | | | | | | | Officer (give title Other (specify below) below) | | | | |
| (Street) WINTER PARK FL 32789 | | | | | | 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check AppLine) X Form filed by One Reporting Person Form filed by More than One Report | | | | | | | | | | rson | | | |
| (City) | (St | | (Zip) | | | | | | | | | | | | | | | | |
| 1. Title of Security (Instr. 3) 2. Transa Date | | 2. Transaction | 2A. Deemed Execution Date, | | э, | 3. Transaction Code (Instr. 8) | | 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a | | d (A) or | nd 5) 5. Am Secur Benef Owne | | ount of ities icially d Following | 6. Ownership Form: Direct (D) or Indirect (I) | 7. Nature of Indirect Beneficial Ownership | | | | |
| | | | | | | | | Code V | | Amount | (A) or (D) | A) or D) Price | | Reported Transaction(s) (Instr. 3 and 4) | | (Instr. 4) | (Instr. 4) | | |
| Common Stock 03 | | | 03/13/202 | .3 | 3 | | | P (1) | | 23,385 A \$1 | | \$16.3 | \$16.3301 ⁽²⁾ | | 7,225 | Ι | see footnote below ⁽³⁾ | | |
| Common Stock | | | 03/14/2023 | | | | | P ⁽¹⁾ | | 23,385 | A | \$16.3238(4 | | 90,610 | | I | see footnote below ⁽³⁾ | | |
| Common Stock | | | 03/15/202 | /15/2023 | | | | p ⁽¹⁾ | | 23,385 | A | \$16.2047(5) | | 11 | 13,995 | I | see footnote below ⁽³⁾ | | |
| Common Stock | | | | | | | | | | | | | | | 35,703 | D | | | |
| | | Ta | able | II - Derivati (e.g., pu | | | | | | | sposed of s, converti | | | |)wne | d | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | Date (Month/Day/Year) | Exe | Deemed cution Date, ny nth/Day/Year) | 4. Transaction Code (Instr. 8) | | 5. Number of Derivative Securitie Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | Expiration (Month/Da | | | 7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4) | | Der Sec (Ins | rice of evative urity tr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4) | Ownersh Form: Direct (D) or Indirec (I) (Instr. | Beneficia Ownershi t (Instr. 4) | |
| | | | | | Code | v | (A) (E | | Date Exercisal | | Expiration le Date | ı Title | Amour or Number of Shares | er | | | | | |

- 1. The purchases reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on February 28, 2023.
- 2. The price reported is a weighted-average price. These shares were purchased in multiple transactions at prices ranging from \$15.98 to \$16.54, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.
- 3. These shares are owned directly by CTO TRS Crisp39 LLC, which is a wholly owned subsidiary of CTO Realty Growth, Inc. ("CTO"). CTO is an indirect beneficial owner of the reported securities.
- 4. The price reported is a weighted-average price. These shares were purchased in multiple transactions at prices ranging from \$16.145 to \$16.50, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.
- 5. The price reported is a weighted-average price. These shares were purchased in multiple transactions at prices ranging from \$16.04 to \$16.36, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.

/s/ Daniel E. Smith, Senior Vice President, General Counsel & Corporate Secretary of CTO Realty

03/15/2023

Growth, Inc.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.