FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, I	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CTO Realty Growth, Inc.		2. Issuer Name and Ticker or Trading Symbol Alpine Income Property Trust, Inc. [PINE]								Relationship of Reporting Person(s) to Issuer (Check all applicable) Director X 10% Owner Officer (give title Other (specify)				
(Last) (First) (Middle) 369 N. NEW YORK AVE SUITE 201		3. Date of Earliest Transaction (Month/Day/Year) 09/20/2022								below)		below		
(Street) WINTER PARK FL 32789	4. lf	4. If Amendment, Date of Original Filed (Month/Day/Year) Control of Check Line) X Form filed by One Reporting Person Form filed by More than One Reperson									son			
(City) (State) (Zip)	ntivo '	Saa	rition A	00111		Nignogad a	ef or l	Panafi	oi olly	Ourn	- d			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day		2A. Deeme		3. 4. 9		A. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 ar		d (A) or	5. Am Secur Benet Owne		ount of ities icially d Following	Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership	
				Code	v	Amount	(A) or (D)	Price			action(s) 3 and 4)	(Instr. 4)	(Instr. 4)	
Common Stock 09/20/202	22			P ⁽¹⁾		1,800	A	\$17.88	809(2)	1	1,800	Ι	see footnote below ⁽³⁾	
Common Stock 09/21/202	22			P ⁽¹⁾		1,800	A	\$17.78	816(4)	3	3,600	Ι	see footnote below ⁽³⁾	
Common Stock 09/22/202	2			P ⁽¹⁾		1,800	A	\$17.32	S17.3258 ⁽⁵⁾		5,400	I	see footnote below ⁽³⁾	
Common Stock										935,703		D		
Table II - Derivat (e.g., p						sposed of s, converti)wne	d			
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security (Instr. 3) 3. Transaction Date (Month/Day/Year) (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year)	ve Conversion of Exercise Price of Derivative Security Date (Month/Day/Year) Date (Month/Day/Year) Execution Date, if any (Month/Day/Year) I Transaction Code (Instr. 8) Security Acqui (A) or Dispo of (D) (Instr.		Derivativ Securitie Acquired (A) or Dispose	Expiration Date (Month/Day/Year) les sid			Amo Secu Unde Deriv Secu	7. Title and Amount of Securities Underlying Derivative Security (Insti 3 and 4)		rice of ivative urity tr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownershi t (Instr. 4)	
	Code	v	(A) (D	Dai	te ercisab	Expiration Date	Title	Amount or Number of Shares	r					

- 1. The purchases reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on October 27, 2021 and last modified June 23, 2022.
- 2. The price reported is a weighted-average price. These shares were purchased in multiple transactions at prices ranging from \$17.78 to \$17.97, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.
- 3. These shares are owned directly by CTO TRS Crisp39 LLC, which is a wholly owned subsidiary of CTO Realty Growth, Inc. ("CTO"). CTO is an indirect beneficial owner of the reported securities.
- 4. The price reported is a weighted-average price. These shares were purchased in multiple transactions at prices ranging from \$17.74 to \$17.90, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.
- 5. The price reported is a weighted-average price. These shares were purchased in multiple transactions at prices ranging from \$17.16 to \$17.51, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.

/s/ Daniel E. Smith, Senior Vice President, General Counsel & Corporate Secretary of CTO Realty

09/22/2022

Growth, Inc.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.