| SEC Form | 4 |
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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

| OMB Number:              | 3235-0287 |  |  |  |  |  |  |  |
|--------------------------|-----------|--|--|--|--|--|--|--|
| Estimated average burden |           |  |  |  |  |  |  |  |
| hours per response:      | 0.5       |  |  |  |  |  |  |  |

|  | Check this box if no longer subject<br>to Section 16. Form 4 or Form 5<br>obligations may continue. See<br>Instruction 1(b). |
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# STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* |                     |          | 2. Issuer Name and Ticker or Trading Symbol<br>Alpine Income Property Trust, Inc. [ PINE ]             | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable)                          |  |  |  |  |  |  |
|--|---------------------|----------|--|--|--|--|--|--|--|--|
| CTO Realty Growth, Inc.                  |                     |          |  | Director X 10% Owner   |  |  |  |  |  |  |
| (Last)<br>369 N. NEW Y<br>SUITE 201      | (First)<br>YORK AVE | (Middle) | 3. Date of Earliest Transaction (Month/Day/Year)<br>09/23/2022   | Officer (give title Other (specify below) below)   |  |  |  |  |  |  |
|  |                     |          | 4. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Ap |  |  |  |  |  |  |  |
| (Street)<br>WINTER<br>PARK               | FL                  | 32789    |  | Line)<br>X Form filed by One Reporting Person<br>Form filed by More than One Reporting<br>Person |  |  |  |  |  |  |
| (City)                                   | (State)             | (Zip)    |  |  |  |  |  |  |  |  |

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction<br>Date<br>(Month/Day/Year) | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 3.<br>Transaction<br>Code (Instr.<br>8) |   | 4. Securities<br>Disposed Of |               |                          | 5. Amount of<br>Securities<br>Beneficially<br>Owned Following        | 6. Ownership<br>Form: Direct<br>(D) or<br>Indirect (I) | 7. Nature<br>of Indirect<br>Beneficial<br>Ownership |  |
|---------------------------------|--|---|---|---|------------------------------|---------------|--------------------------|--|--|---|--|
|                                 |  |   | Code                                    | v | Amount                       | (A) or<br>(D) | Price                    | <ul> <li>Reported<br/>Transaction(s)<br/>(Instr. 3 and 4)</li> </ul> | (Instr. 4)   | (Instr. 4)  |  |
| Common Stock                    | 09/23/2022                                 |   | <b>P</b> <sup>(1)</sup>                 |   | 1,042                        | A             | \$17.2374 <sup>(2)</sup> | 6,442  | Ι  | see<br>footnote<br>below <sup>(3)</sup>             |  |
| Common Stock                    | 09/26/2022                                 |   | P <sup>(1)</sup>                        |   | 1,700                        | A             | \$16.9682 <sup>(4)</sup> | 8,142  | Ι  | see<br>footnote<br>below <sup>(3)</sup>             |  |
| Common Stock                    |  |   |   |   |                              |               |                          | 935,703  | D  |   |  |

#### Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of<br>Derivative<br>Security<br>(Instr. 3) | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year) | 4.<br>Transaction<br>Code (Instr.<br>8) |   | Transaction<br>Code (Instr. |     | Transaction<br>Code (Instr.<br>8) |                    | Execution Date, Transaction<br>if any Code (Instr. |  | of E |  | Transaction<br>Code (Instr.<br>3) Securities<br>Acquired<br>(A) or<br>Disposed<br>of (D)<br>(Instr. 3, 4 |  | Derivative (Month/Day/Year)<br>Securities<br>Acquired<br>A) or<br>Disposed<br>of (D)<br>Instr. 3, 4 |  | Deriv | unt of<br>rities<br>rlying<br>ative<br>rity (Instr. | 8. Price of<br>Derivative<br>Security<br>(Instr. 5) | 9. Number of<br>derivative<br>Securities<br>Beneficially<br>Owned<br>Following<br>Reported<br>Transaction(s)<br>(Instr. 4) | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|---|---|--|---|---|---|-----------------------------|-----|-----------------------------------|--------------------|--|--|------|--|--|--|---|--|-------|---|---|--|--|--|
|   |   |  |   | Code                                    | v | (A)                         | (D) | Date<br>Exercisable               | Expiration<br>Date | Title  | Amount<br>or<br>Number<br>of<br>Shares |      |  |  |  |   |  |       |   |   |  |  |  |

### Explanation of Responses:

1. The purchases reported in this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on October 27, 2021 and last modified June 23, 2022.

2. The price reported is a weighted-average price. These shares were purchased in multiple transactions at prices ranging from \$17.10 to \$17.375, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.

3. These shares are owned directly by CTO TRS Crisp39 LLC, which is a wholly owned subsidiary of CTO Realty Growth, Inc. ("CTO"). CTO is an indirect beneficial owner of the reported securities.

4. The price reported is a weighted-average price. These shares were purchased in multiple transactions at prices ranging from \$16.86 to \$17.27, inclusive. The reporting person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth above.

> /s/ Daniel E. Smith, Senior Vice President, General Counsel & Corporate Secretary of CTO Realty Growth, Inc. \*\* Signature of Reporting Person

09/27/2022

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.